



Across the USA...

Here's looking at you, kid! From Connecticut to Washington and everywhere in-between. From one person to another. **In your own words, you encourage by example.** United, we are strong and make a difference. Thank you!



I've been using Fibro-Care™ since I was diagnosed with fibromyalgia (FMS) over 20 years ago. It helps me tolerate my muscle pain.

I've tried stopping it a couple of times, thinking it wasn't helping, but each time my pain was worse and it reminded me how much Fibro-Care™ helps! Now that I'm in menopause, **I started using the Fibro-Care Cal™. I'm able to get the extra calcium I need along with the help for my fibro pain.**

Sharon K, MN

I have always enjoyed TyH customer service. **I use Fibro-Enzymes™ and other products for FMS.** If I run out, within a week I know the difference! The products have improved my quality of life. Thank you.



Judy B, WA

I was diagnosed with FMS 20 years ago and am living proof that your products help make it possible to continue to do regular activities (e.g. continue my career, raise our son, rehearse and perform with local orchestras, walk to and from work, birding, etc.). I believe I've used your products just about that same amount of time. **The past 20 years of activities would not have been possible without these products! I use Fibro-Care™, Valerian Rest ES™, 5-HTP, and Fibro-D3™.** Another benefit is that it has allowed me over the years to take very little prescription medications (e.g. low doses of Ultram and Flexeril). As I've come into perimenopause, it's been more difficult to "control" my FMS pain and thus have had to experiment (e.g. increase the Fibro-Care™ and 5-HTP and add in the D3). Thank you very much for making these products available (at such a reasonable cost!) and continuing to research and improve existing products and provide new products!



Cindy S, NY

I want to thank Margy for including the pamphlets on Celiac in my shipment. There is lots of good information in them. I also want to give thanks for the usual quick delivery of my order. You all are really on the ball.



Charlotte B, VA

My favorite product is Fibro-Care™. I have been taking it for at least 17 years and it really changed my life. The constant dizziness and weakness left me. I got more energy. I've tried other TyH products and loved them also. Thanks TyH!



Connie L, UT

I order the **Fibro-Care™** with Magnesium and Malic Acid to support muscle health.



Sally G, MI

Literally without TyH I would never be so healthy; don't stop making Fibro-Care™! Love it!



Shelley M, PA

I have been a customer of To Your Health for many years. **Fibro-Care™, supplements and a commitment to yoga and exercise have made a significant difference in the quality of my life.** I am able to manage the symptoms of fibromyalgia. Thank you TyH!



Janet G, CT

Using Fibro-Care™ has really helped me when I have a flare up of my FMS and all my muscles hurt. This helps them to relax and keeps me moving. I use it daily but increase when I have the extra muscle pain. **I also use Multi-Gold™, Digesta-Care 8™ and Digesta-Care ES™.** Thank you for your service to help people who have fibromyalgia.



Ann S, WI

Continued

Across the USA....
continued



I have used Fibro-Care™ in the past and have found it to be of the utmost in quality as it helped me manage

fibromyalgia pain. I have recommended TyH to friends and family members over the years. Thank you, TyH for producing quality products that help me feel healthy.

Kris M, KY

Wow Thank you...TyH has improved my life greatly.

My favorite product is Fibro-Care™. It really helps to manage my pain.



Geralyn E, IL



Thank you for speeding my order through! I didn't realize how quickly I am using my supply, and my heart kind of dropped when I realize I was feeling a ton better, but had waited late to reorder. TyH customer service is #1. Keep up the good work you do!

Emily K, GA

Wow! Thanks so much. **I love your products and tell everyone about your company.**

Thanks again,



Lori L, KS



My favorite product is Fibro-Care Cal™. I have had great results with managing joint pain for myself and my clients!

Laurie B, SC



I have fibromyalgia and took Fibro-Care™ some time back. I got to feeling better and like so many do, I quit taking it. Thought I would save money. **This spring I had a bad flare up so called and ordered more and have been taking it faithfully and feeling better.** I have learned my lesson. Thank you,

Frances B, CA

I have been using your products for years; they really help. I also really appreciate the informative articles in *Health Points*.

Ellen S, CT



Thank you ...for all you and the TyH staff have done for this (FMS) community. **Your supplements have sustained me for the past 15+ years.** Fibro-Care™ and Multi-Gold™ are the foundation of my supplement plan.

Julie Ann L, TX

With Fibro-Care™, I am able to work. It has also improved my immune system. I can't remember the last time I was sick.

Cindy S, AZ



I just wanted to thank you for your quick response! My order came in just a few days (even with a holiday in the middle). **I also wanted to thank you for the great customer service I received when I called.** Much appreciated!

Kelly R, IN

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Health POINTS

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