

Fibro-Enzymes™

Amazing Healers for Body Parts



What's the Final Answer?

by Margy Squires

Chronic pain, old scar tissue, weekend warrior syndrome, minor sports injuries, trauma recovery, circulatory issues. Whatever the body part, an unsuspected element called fibrin may be the root problem. Of the more than 3000 known enzymes in the body, **systemic enzymes are the specialized proteins that help healing**, especially where fibrin is involved.

1 What are enzymes?

- a) naturally occurring proteins in your body
- b) spark biochemical reactions without being consumed
- c) vital for life, all metabolic processes
- d) all of the above

2 Systemic enzymes are known to

- a) promote a healthy inflammatory response
- b) support healthy cardiovascular, immune & musculoskeletal systems
- c) remove excess fibrin
- d) all of the above



3 Fungal or plant enzymes do not have to be enteric coated because they have a wider pH to survive the GI tract and enter the blood stream intact.

- a) true
- b) false

4 Enzymes are best measured by the work units they are capable of doing not by their mg weight.

- a) true
- b) false



5 What is fibrin?

- a) fibrous muscle tissue
- b) protein threads that intertwine to close a wound
- c) protein threads that form scars, clots & scabs
- d) b & c

6 Some symptoms related to excess fibrin.

- a) inflammation & pain
- b) stiff, inflexible muscles & blocked blood vessels
- c) excessive scar tissue, poor healing
- d) all of the above

7 Excess fibrin may worsen these disorders.

- a) poor circulation, hypertension
- b) arthritis & joint issues
- c) fibromyalgia & ME/chronic fatigue syndrome
- d) all of the above

8 How do systemic enzymes remove excess fibrin?

- a) eat them
- b) break down inflammatory agents that build fibrin
- c) a & b



9 A typical daily dose for Fibro-Enzymes™ is

- a) 1-3 capsules
- b) 3-5 capsules
- c) 5-7 capsules
- d) none of the above

10 How long do you take Fibro-Enzymes™?

- a) one week
- b) one month
- c) three months
- d) indefinitely



How did you score? Knowledge maximizes your health score. So be aware and be well!



Answer Key: 1) d. Without enzymes, you die. **2) d.** Systemic means system-wide or whole body benefits. **3) a.** Only animal source enzymes are fragile so must be enteric coated. **4) a.** Enzyme activity is based on work units; the higher the number, the more active the enzyme. **5) d.** Fibrin is part of natural repair and recovery. **6) d.** Because of its mesh-like activity, too much fibrin can bind up connective tissues, block blood flow and provoke continued inflammation and pain. **7) d.** See why in #6.

8) c. Specifically removes scarring "debris", recognizes and blocks unnecessary fibrin production. **9) d.** There is no typical daily dose as dosing depends on therapy (acute or chronic, etc.). **10) d.** While you may take systemic enzymes a week for an acute injury, a month or longer for chronic problems, their safety allows you to take them indefinitely (see *Caution below*).



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Caution: Not recommended for women planning a pregnancy, pregnant or nursing or young children. Please consult your health care professional before use if you are on a blood thinning agent, have an aneurysm, ulcer, blood coagulation disorder or planning a surgical procedure.

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