

2 Main Street. Building 18-224. Biddeford. ME 04005

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			Make checks payable to To Your Health, Inc. Thank You <i>for your order!</i>		



ORDERING INFORMATION

E-mail any questions or concerns to customerservice@e-tyh.com

CATALOGS

We are happy to send a catalog to your friend or family member. E-mail customerservice@e-tyh.com with their name and address or fill out and send the form on page 35 and mail to us.

ORDERING

Online at www.e-tyh.com for faster service. Mail at the address above with form. Phone 800-801-1406 for current office hours.

SHIPPING

U.S. Only \$5.95

Orders ship USPS First Class, Priority or UPS within 3-5 business days. Outside continental U.S. pays actual shipping. E-mail customerservice@e-tyh.com for rates.

NSF CHECK FEE

There is a \$30 fee for any check returned NSF (non-sufficient funds).

DAMAGES

Please open and examine your order when it arrives. Although we try to pack your order carefully, occasionally damages may occur. Kindly let us know within 3 business days of receiving your order if any item needs replacement. Keep the original packaging in case we need to make a claim with our carriers.

RETURNS

Please e-mail customerservice@e-tyh.com before you return an item and we'll issue an RMA (return merchandise authorization). No credit is given without an RMA. Supplements must be in their original containers. Shipping fees are not refundable.

NAME OR ADDRESS CHANGE

Please notify us of any name or address changes to ensure proper order fulfillment. Additional shipping charges may apply if your order requires a re-ship due to an inaccurate address.

PRICE CHANGES

Prices are subject to change without notice. We regret we cannot honor typographical errors.

PRIVACY & MAILING

We respect your privacy and therefore do not sell or share any of your information. Kindly notify us if you wish to be removed from our mailing list.

TyH 90 DAY GUARANTEE

We guarantee your complete satisfaction with every purchase. If you are not satisfied for any reason, kindly request an exchange or refund (less shipping) within 90 days of delivery to customerservice@e-tyh.com.

Celebrating
28 Healthy Years!
1993-2021



CODE	TyH PRODUCTS	FORM	SIZE	SRP	TyH
120	Acetyl-L-Carnitine 500 mg	VC	50	29.95	17.97
171	Alpha Lipoic Acid 250 mg	VC	60	32.95	19.77
175	Alpha Lipoic Acid 600 mg	VC	60	45.95	27.57
123	B-12 Methylcobalamin 1000 mcg	LZ	100	23.95	14.37
427	B-12 5000 mcg w/Folic Acid <i>Extra Strength!</i>	LZ	60	38.95	25.32
124	B-50 Complex	VC	100	22.95	16.07
179	B-100 Complex	VC	100	34.95	24.47
127	Brain Clear ES™	VC	60	38.95	23.37
184	Buffered-C 500 mg (Vit C & Bioflavonoids)	C	100	19.95	11.97
129	Chromium GTF (Chelavite) 200 mcg	T	100	15.95	9.57
130	Colostrum 500 mg	VC	120	36.95	22.17
173	CoQ10 60 mg (w/Omega-3 Fish Oil)	S	60	30.95	21.67
405	CoQ10 400 mg (w/Vitamin E & Lecithin)	S	30	52.95	37.07
131	Cran-Care 700™ - 700 mg	VC	100	28.95	17.37
428	Curcumin ES™ (with Meriva®)	VC	60	48.95	29.37
430	David's Fibro-Q10™ 100 mg	S	90	52.95	37.07
160	David's Fibro-Q10™ 100 mg <i>New!</i>	S	50	34.95	24.47
435	David's 5-HTP SR 100 mg <i>New!</i>	T	90	34.95	20.97
431	David's 5-HTP SR™ 200 mg	T	90	45.95	27.57
422	David's Probiotics™	VC	50	45.95	27.57
434	David's Probiotic Blend™ <i>New!</i>	VC	60	30.95	18.57
436	David's Zinc (L-Opti-Zinc®)30 mg <i>New!</i>	C	100	14.95	10.47
132	Digesta-Care 8™	VC	120	28.95	17.37
137	Eye Complex (with 10 mg Lutein)	VC	60	34.95	20.97
099	Fibro-Care™ (Caps) <i>Organic Mag!</i>	C	120	32.95	19.77
100	Fibro-Care™ (Tabs) <i>Organic Mag!</i>	T	120	32.95	19.77
113	Fibro-Care Cal™ <i>Organic Cal & Mag!</i>	T	120	34.95	20.97
414	Fibro-D3™ 5000 IU	S	120	23.95	16.77
115	Fibro-Enzymes™	VC	90	34.95	20.97
418	Fibro-GABA™ with B6 Stress Response	VC	100	24.95	16.22
415	Fibro-Ubiquinol™ 50 mg	S	60	39.95	27.97
103	Flaxseed Oil (Organic) 1000 mg	S	100	17.95	10.77
139	Garlic ES™	S	100	19.95	11.97
140	Ginger Root 550 mg	VC	100	19.95	11.97
424	Glucosamine Chondroitin w/MSM	C	90	38.95	23.37
429	Grape Seed 250 with Bioflavonoids	VC	90	48.95	29.37
425	Hyaluronic Acid with MSM	VC	60	34.95	20.97
423	Krill Oil (Neptune) 500 mg	S	60	41.95	29.37
146	L-Lysine 500 mg	C	100	16.95	10.17
408	Lutein ES™ 10 mg	S	60	27.95	16.77
433	Melatonin 3 mg	VC	60	9.95	6.97

CODE	TyH PRODUCTS	FORM	SIZE	SRP	TyH
104	Multi-Gold™ Advanced Vitamin & Mineral Complex	VC	120	48.95	29.37
419	Olive Leaf Extract (6% Oleuropein)	VC	60	26.95	16.17
420	Olive Leaf ESE™ (18% Oleuropein)	VC	50	34.95	20.97
149	Omega-3 Fish Oil 1000 mg	S	100	15.95	11.17
180	Omega-3 ES™ Fish Oil 1000 mg	S	90	34.95	24.47
152	Phosphatidyl Serine 100 mg	VC	60	48.95	34.27
154	Prosta-Care Complex™	S	90	39.95	23.97
161	Quercetin ES™ (with Bromelain)	VC	120	40.95	28.66
193	7-Keto® 25 mg	VC	90	32.95	19.77
101	Valerian Rest™	T	120	30.95	18.57
181	Vitamin D3 1000 IU	S	180	14.95	8.97
198	Vitamin D3 2000 IU	S	120	15.95	9.57
166	Vitamin E Mixed 400 IU	S	100	27.95	16.77

CODE	BLUEBIRD BOTANICALS	FORM	SIZE	SRP	TyH
<i>New LOWER Prices on Hemp/CBD!</i>					
202	Classic 500 mg	L	2 oz	49.95	29.97
203	Classic 6x (Concentrated) 1500 mg	L	1 oz	119.95	71.97
211	Classic (Softgels) 900 mg	S	60	84.95	50.97
212	THC-Free Isolate 1500 mg	L	1 oz	79.95	55.97
220	Sport Lotion 700+ mg	LN	3.4 oz	39.95	27.97
221	Sport Lotion 1250+ mg	LN	6 oz	59.95	41.97

CODE	BOOKS & OTHER PRODUCTS	SIZE	SRP	TyH
801	Fibromyalgia: Up Close & Personal by Mark Pellegrino MD	1	24.50	19.60
800	Vitaminder	1	3.50	2.63

Every product in our catalog is  certified.

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Notice of FDA Product Disclaimer
Products in *Healthy Savings* have not been evaluated by the FDA. These products therefore cannot claim to diagnose, treat, cure or prevent any disease.

C=CAPSULES L=LIQUID LN=LOTION LZ=LOZENGE S=SOFTGELS T=TABLETS VC=VEG CAPS