

## We don't like to boast so we let customers just like you do it for us.

Unknowingly, I had been struggling with chronic fatigue and fibromyalgia for years before finally receiving the correct diagnosis from a great team of care givers in Edina. These wonderful healthcare professionals introduced To Your Health to me! I have been using Fibro-Care™ for almost a year and it has helped my conditions in many ways. I also have started to use CBD from To Your Health which is great – I use it at night and I can get out of bed in the morning without the usual aches and pain. Linda L, Minnesota

My fibromyalgia story starts in 1989 when I was diagnosed. The one (product) that made me sit up and take notice was Fibro-Care™ for how fast it took the edge off my pain, which was off the charts back then. What I learned about supplements is that quality like **Fibro-Care**<sup>™</sup> – makes the difference.

Jolaine H, Arizona

I have suffered from fibromyalgia (FM) since my early twenties, before they knew what to call it. I also have life altering injuries, where the FM loves to show up and attack. Sometimes, my FM keeps me from functioning, more so than my spinal fusion! I do not want to take more medication, so I opt for supplements. I couldn't live without Fibro-Care<sup>™</sup> . My doctor even sells it at his office and he has written books on fibromyalgia. So thank goodness for Fibro-Care™ !!! Amy S. Ohio

I was looking for a more natural approach to deal with my fibromyalgia symptoms. I started with Fibro-Care™ several years ago and saw an immediate difference in my pain and energy level. I have since added Fibro-GABA™, and just recently began to use 5-HTP. I am very happy to have found a website that understands fibromyalgia. I have not used any prescription medication for 2 years now. I feel that for the first time I am able to manage this illness that can be so debilitating at times.

Brenda M, New Jersey

In 1991, I got Lyme disease which went undiagnosed for almost a decade. As a result, I am one of those "chronic folks" that the medical profession disdains. Due to Lyme disease, I have fibromyalgia, arthritis, and other issues, despite two separate and very lengthy rounds of antibiotic treatment. I had given up all hope that I would ever see any change in the status quo. In 2019, the client of a close friend of mine recommended TyH Fibro-Care<sup>™</sup> and passed along a catalog. At the time, I was taking SloMag, and had taken malic acid in the past, so I took a chance and ordered Fibro-Care™. There is definitely something very special about Fibro-Care™, its proprietary blend of nutrients! It took about three months but I gradually realized improved pain levels, energy level, recovery times and consequently an improved mental attitude. Although I am still far from 100%, I'm truly amazed at the difference Fibro-Care™ has made in my life! With sincere thanks!

Martha W, Vermont

I strongly recommend Fibro-Care™ to any other fibro-folks that I encounter. There's something unique about Fibro-Care™; I'm better able to absorb the magnesium and it's more effective than other supplements. I can't explain it. But when you find something that works so well, you want to shout it from the mountain top and share it with the world. I introduced my new doctor to Fibro-Care™ and hope he recommends it to his other fibro patients. I bet there are many people even without FM that would feel better and have more energy if they took Fibro-Care™ regularly. Great products and great service make me a loyal TyH customer.

Paul C, Massachusetts

I've been taking Fibro-Care™ for years for my fibromyalgia. Can't go without very long 'til I have lots of muscle aches and pains. Also taking

for more energy and better health. Thanks for your great products that work! Irene H, New York

Multi-Gold™ and depending on it

I have taken Fibro-Care<sup>™</sup> for at least 20 years, ever since I was diagnosed with fibromyalgia. I tried many drugs prescribed for FM over these years, and Fibro-Care<sup>™</sup> has been far more helpful than any of them. I now need to increase my calcium, so I recently started to take Fibro-Care Cal<sup>™</sup> . I've always received great service and appreciate products that I know will provide more absorbable ingredients. Ree N, Alaska

I love your products. For years my cholesterol has been over 250 no matter what I did. My last blood test it was down to 210. I'm guessing it will be lower next time as I will be on your products longer. I take Fibro-Care™, David's 5-HTP SR™, Olive Leaf ESE™, Buffered-C 500, David's Fibro-Q10™, Multi-Gold™, and Acetyl-L-Carnitine. I took Fibro-Care™ for years, but when we moved I couldn't' get it, as I got it from a naturopath. After a few years of being off, so glad I learned I could order from you! Thank you.

Cherry N, Washington

Do YOU have a Review you'd like to share? Customers enjoy reading what YOU have to say about TyH products and the helpful service YOU receive. We'd like to hear your Rave Review, too. Fill out the form you get with your order and send to us or e-mail customerservice@e-tyh.com with your rave. Thank you!